St. Martin's Lutheran Church
203 S. Defiance Street
Archbold, Ohio 43502

419-445-4656
Website: www.the-welcome-place.org
E-mail: stmartin@the-welcome-place.org

November

Choir Sing Songs from Hymn Fest

Sunday Morning Worship
9am-In Person & Live Broadcast
10:20 Sunday School

Wednesday Worship
6pm in Fellowship Hall

WEDNESDAY SCHEDULE

5:00- Meal
6:00-Worship
6:00-Kids Club
6:00-Chancel Choir
6:30-Adult Circle
7:15-Bell Choir
7:15-Catechism

Coming up in November

November 1- All Saints Sunday
November 8-Thankoffering
November 11-14-Share the Warmth
November 22- Concert Series
November 25-Thanksgiving Eve Service @ St. Martin's
November 27-Parade of Lights Float

ANCHORED in the CROSS
Our story is still unfolding
ST. MARTIN'S LUTHERAN CHURCH

Office Hours:

Pastor Steve Basselman
steveb@the-welcome-place.org
Monday-PM
Tuesday-All Day
Wednesday-PM
Thursday-All Day
Friday-AM

Matthew Wachtman
matthew@the-welcome-place.org
Music & Worship Director
Tuesday- All Day
Wednesday- PM
Thursday-AM
Friday -AM

Jake Keil
jakek@the-welcome-place.org
Youth Director
Sunday- All Day
Tuesday-AM
Wednesday-PM

Whitney Wyse
stmartin@the-welcome-place.org
Office Manager
Tuesday- AM
Friday-AM

Coffee Hour Sign Up

COFFEE HOUR AFTER WORSHIP
There are many open spots for Coffee Hour!
Please sign up in the entryway if you are able and willing to help out!

This Month in worship...

Altar Guild : Joan Meyer & Jessica Short
Sound: Darren Sonnenberg , Cameron Thompson, & Bill Phelps
Usher Team Leader: Amy & Butch Blankenship
Offering Counter: November 1-Cameron Thompson
November 8- Janet Wyse
November 15- Mark Weaver
November 22-Janet Wyse
November 29-Darren Sonnenberg
December Deadline: November 20th

October Attendance & Offering

October 4- $12,505.79
120/21/141
October 11- $ 8,828.40
108/21/129
October 18- $4,778.81
115/19/134
October 25-$7, 753.00
115/20/135

Online Giving

If you would like to access the giving page by mobile you can scan the QR code and set up recurring donations or make a one-time donation. TO make changes or stop recurring donations you will still need to go to https://givingtools.com
If there are any questions about electronic giving email Diana Ziegler at the email treasurer@the-welcome-place.org

Contact the Church Office: stmartin@the-welcome-place.org to receive our Friday Emails!

Visit our Website www.the-welcome-place.org for updates on Youth & Concert Series as well as bulletins for Live Broadcasts

PARADE CANDY COLLECTION

If you are out and about and see a candy sale please consider purchasing to donate to the St. Martin's float for the Parade of Lights. Donations can be left in the stairway of the basement for Jake.

CONCERT SERIES: DR COLE BURGER

On November 22, 2026 @ 3pm, join us for a piano performance from Dr. Cole Burger. A BGSU Piano Professor, Dr. Burger presents a wide range of pieces from classics to popular tunes.

END OF YEAR GIVING

IF YOU WOULD LIKE YOUR END OF YEAR GIVING TO GO ONTO YOUR 2026 STATEMENT PLEASE HAVE IT TO DIANA ZIEGLER BY DECEMBER 20 . THANK YOU SO MUCH!

Parkinson's Group

Parkinson's Group will be November 3 at 1pm in the Fellowship Hall. The speaker is Pastor Dee Custer, Hospice Chaplin. The topic will be, "Leaving a lasting legacy, the emotinal & spiritual toll on patients & caregivers,"

Church Council Nominating Team

The Nominating Team (Cameron Thompson and Janet Wyse) is seeking prayerful suggestions for two leadership positions on the Congregation Council: Vice-President and Treasurer as well as one position on the Endowment Committee. The Council positions terms of office are for two-year terms while the Endowment Committee member is a three-year term.
Eligible candidates must be voting members (confirmed members who have communed and made a contribution on record in the preceding calendar year), regularly attend worship and receive Holy Communion, have actively served in at least one ministry team, and are **not** paid staff members of the Congregation.
If you feel called to serve or would like to suggest names of potential candidates contact the Nominating Team (Cameron Thompson and Janet Wyse) as soon as possible.

Dear Faith Community,

Fulton County Christmas Cheer 2026

Each holiday season for over 40 years, Fulton County Christmas Cheer is the one organization that unites the entire county in serving our needy.

Once again, this year, we will be inviting about 1,600 Fulton County families to participate in the personalized shopping experience in the Junior Fair building in Wauseon. With a Cheer volunteer, those who have registered by the deadline, are greeted by a shopping partner with a cart and together they select canned goods, cereals, detergents, and hygiene items they most enjoy. From the General Store they may select from hats, gloves, mittens, blankets, towels and other items. Families with children are then welcomed into the store of wonderful new toys.It's all about the dignity of choice, and although it takes a little longer, the recipients are overwhelmingly thankful for the chance to choose.

Some churches in the county participate in the Tree Tags program for Cheer and put those tags with specific needs from Cheer on a tree in a gathering space in the church. Those tags are available for your trees by contacting Bridgett at 419-388-8274. Other churches do a drive for a specific item, such as new medium weight towel sets or new full or queen size blankets or canned goods. These items can be dropped off at the Junior Fair building in Wauseon on Mon, Dec 7th 10 – 4.

We are always in need of volunteers, especially for the afternoons. Please consider coming over to help.
Here's how the week works:

Monday, Dec 7th	**9am – 4pm**	**We will be accepting donations at the Junior Fair building**
	9am - 5pm	**Volunteers help unload, sort and count donations**
Tuesday, Dec 8th -	**9am – 11am**	**Volunteers finish sorting and pack the basic boxes**
Wednesday, Dec 9th	**9am – 5pm**	**Volunteers help families shop, restock shelves and load into shoppers' cars**
Thursday, Dec 10th	**9am – 11am**	**Volunteers do same work as Wednesday**
	11am – 2pm	**Volunteers tear down and clean up**

Questions: Call Lilli 419-551-6573 or email at lilliradabaugh1@gmail.com

Thank you,
Lilli Radabaugh
Fulton County Christmas Cheer Project Manager (2020 – present)

Health Piece

Chocolate

Pros and cons for your health

On an island just off the coast of Panama lives an indigenous tribe called the Kuna, who outlive other people in Panama. Despite their relatively high-salt diet, the Kuna tend to have lower blood pressure than do other people in Panama. In addition, they experience fewer heart attacks and they're less likely to be diagnosed with type 2 diabetes or cancer.

For several decades, researchers have traveled to this area searching for the Kuna tribe's secret to good health. After much study, these scientists determined that what set the Kuna people apart wasn't what they ate. Instead, it likely stemmed from what they drank — more than five cups of cocoa daily.

Since these scientists stumbled upon this connection, they've been trying to figure out whether the consumption of cocoa — and the chocolate made from it — benefits overall health.

By any other name as sweet?

It's thought that cocoa may benefit health for two reasons. First, it's rich in flavanols, antioxidants believed to protect blood vessels from aging. Second, it contains theobromine, a bitter-tasting stimulant that may reduce inflammation.

People often use the words "cacao," "cocoa" and "chocolate" interchangeably. However, they mean slightly different things. To make cocoa, manufacturers dry, roast and pulverize the beans from the cacao tree. Pure cocoa is very bitter. To mask its bitter flavor, manufacturers add sugar, milk, fat and other ingredients to create commercially available hot cocoa mixes and chocolate bars.

Potential health benefits

The research on chocolate and its health benefits has been mixed. One study that followed the eating habits of over 55,000 people determined that rates of atrial fibrillation, an irregular heart rhythm, were lower in people who consumed chocolate more often. Another large, long-term study hinted that chocolate consumption might reduce the risk of having a heart attack.

However, those observational studies only show a correlation between chocolate consumption and health. They don't prove a cause-and-effect relationship. Randomized controlled trials are best for that.

The Cocoa Supplement and Multivitamin Outcomes Study (COSMOS) is one of the largest and longest-running randomized controlled trials to look at the relationship between chocolate consumption and health. In this trial, some of the over 21,000 participants consumed a supplement twice a day that contained 500 milligrams of cocoa flavanols. Other participants took placebo pills. During the study, participants who consumed the cocoa supplement experienced similar rates of heart attacks as did participants who took placebo pills. They also had similar rates of type 2 diabetes and performed similarly on tests of cognitive health.

However, the study participants who consumed the cocoa supplement were 27% less likely to die of heart-related events.

In a separate review of 35 randomized controlled trials involving more than 1,800 people, the consumption of flavanol-enriched cocoa led to a small, 2-millimeter of mercury (mm Hg) drop in blood pressure over an average of nine weeks.

Research vs. real life

The potential health benefits of chocolate are likely mild at best. In addition, they're difficult to attain by consuming store-bought chocolate. That's because the cocoa used in research differs significantly from chocolate sold commercially.

For example, the cocoa supplement in the COSMOS study contained 500 milligrams of flavanols. That's about five times more flavanols than most people consume daily from all flavanol-rich foods and beverages — including tea, berries and grapes — combined. In store-bought chocolate, the addition of other ingredients — especially sugar and saturated fat — dramatically dilutes the cocoa content. This, in turn, reduces the amount of flavanols.

How to indulge

If you don't like chocolate, there's no compelling reason to force yourself to eat it. However, if you love this sweet treat, use the following advice to get the biggest health bang for your caloric buck.

- *Go dark* — The darker the chocolate, the less sugar and more cocoa and flavanols the chocolate contains. Despite its name, white chocolate contains no cocoa at all. Look for products that list the percentage of cacao on the label. The higher the percentage listed, the more flavanols and less sugar in the product. Similarly, if you drink hot chocolate, make it from unsweetened 100% cocoa.
- *Keep portions in check* — Keep in mind that even the darkest bars of chocolate still contain a lot of calories and sugar. For example, one large 101-gram, 70% to 85% cacao bar of chocolate comes with 604 calories, 43 grams of fat and 24 grams of sugar. For this reason, keep portions small and think of chocolate as an occasional treat. Yes, chocolate is likely better for your health than other types of candy. However, it's no substitute for minimally processed foods such as produce, legumes, nuts, seeds, eggs, poultry and fish.
- *Consume other flavanol-rich foods* — In addition to cocoa, black and green tea, cinnamon, grapes, and apples come packed with flavanols. Many different plant foods — including most fruits, vegetables and herbs — contain numerous other health-promoting substances as well. So rather than zeroing in only on chocolate, try to eat a wide variety of plant foods. ■

10th Anniversary Season

All programs are free and open to the public.

2026 ~ 2027

St. MARTIN'S CONCERT SERIES

Friday, July 3, 2026 7:00pm

The Raleigh Ringers

Concert at Founders Hall
22611 State Rte 2, Archbold, OH 43502
with reception to follow

Celebrate the holiday weekend with the Emmy nominated, internationally-acclaimed concert handbell choir from North Carolina. This concert is generously sponsored by the Archbold Area Foundation.

Sunday, Sept. 27, 2026, 3:00pm

Hymn Festival with Dr. David Cherwien

Concert at St. Martin's Lutheran Church
with reception to follow

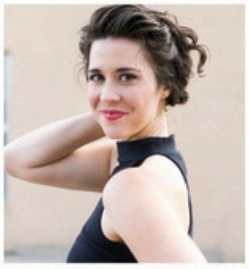
An afternoon of hymn-singing led by acclaimed organist Dr. David Cherwien with St. Martin's Chancel Choir.

Sunday, Nov. 22, 2026, 3:00pm

Dr. Cole Burger, piano

Concert at St. Martin's Lutheran Church
with reception to follow

BGSU Professor of Piano Dr. Cole Burger presents a wide range of music from classics to popular tunes.



Sunday, Feb. 21, 2027, 3:00pm

Marie Engle, mezzo soprano with Robert Levinger, piano

Concert at St. Martin's Lutheran Church
with reception to follow

A Northwest Ohio native presents an afternoon of vocal repertoire from art songs to opera and more! This concert is generously sponsored by the Black Swamp Arts Council

Sunday, April 25, 2027, 3:00pm

Andrew Hoverman, violin

Concert at St. Martin's Lutheran Church
with reception to follow

Our anniversary season closes with 12-year-old violinist Andrew Hoverman, an award-winning San Francisco musician who performs with prestigious youth orchestras.

St. Martin's Lutheran Church + 203 S. Defiance St, Archbold, OH + (419) 445-4656 + www.the-welcome-place.org

St Martin's Lutheran Church (ELCA) Church Council Minutes
October 15, 2026

Darren Sonnenberg called the meeting to order with Pastor Steve, Cameron Thompson, Mark Weaver and Janet Wyse present. Devotions and opening prayer was led by Cameron Thompson

Pastor Report: New hymnals were donated through memorial funds designated by the Pat Basselman family. Many of our worship resources come from the Evangelical Lutheran Worship hymnal. The plan is to use the hymnals more to reduce the number of pages printed in the bulletin.

Secretary's Report was reviewed and approved.

Treasurer's Report was reviewed and approved. The church is still running a deficit. It is hoped that the typical quarterly contributions will help improve overall giving.
Team & Network Reports: No updates

Old Business: No updates on the sanctuary lighting issues. Work is being completed to determine an appropriate budget amount for Wi-Ft upgrades. Dana Bjorlin is reviewing a draft copy of the updated Constitution and Bylaws. The Nominating Team has begun to include announcements to fill open positions.

New Business: Steve discussed a new Membership Database system for the church. The council approved moving forward with the purchase. Cameron will schedule a meeting with the Constitution and Bylaws Team to review and discuss consistency between the two documents. The Financial Secretary has the authority to issue credit cards to individuals in ministry teams within the approved budget.

Offering Counters:
·November 1: Cameron Thompson
·November 8: Janet Wyse
·November 15: Mark Weaver
·November 22: Janet Wyse
·November 29: Darren Sonnenberg

Devotions for November 12, 2026: Pastor Steve

Next meeting: November 12, 2026, at 7:00 p.m.
Meeting adjourned with Lord's Prayer

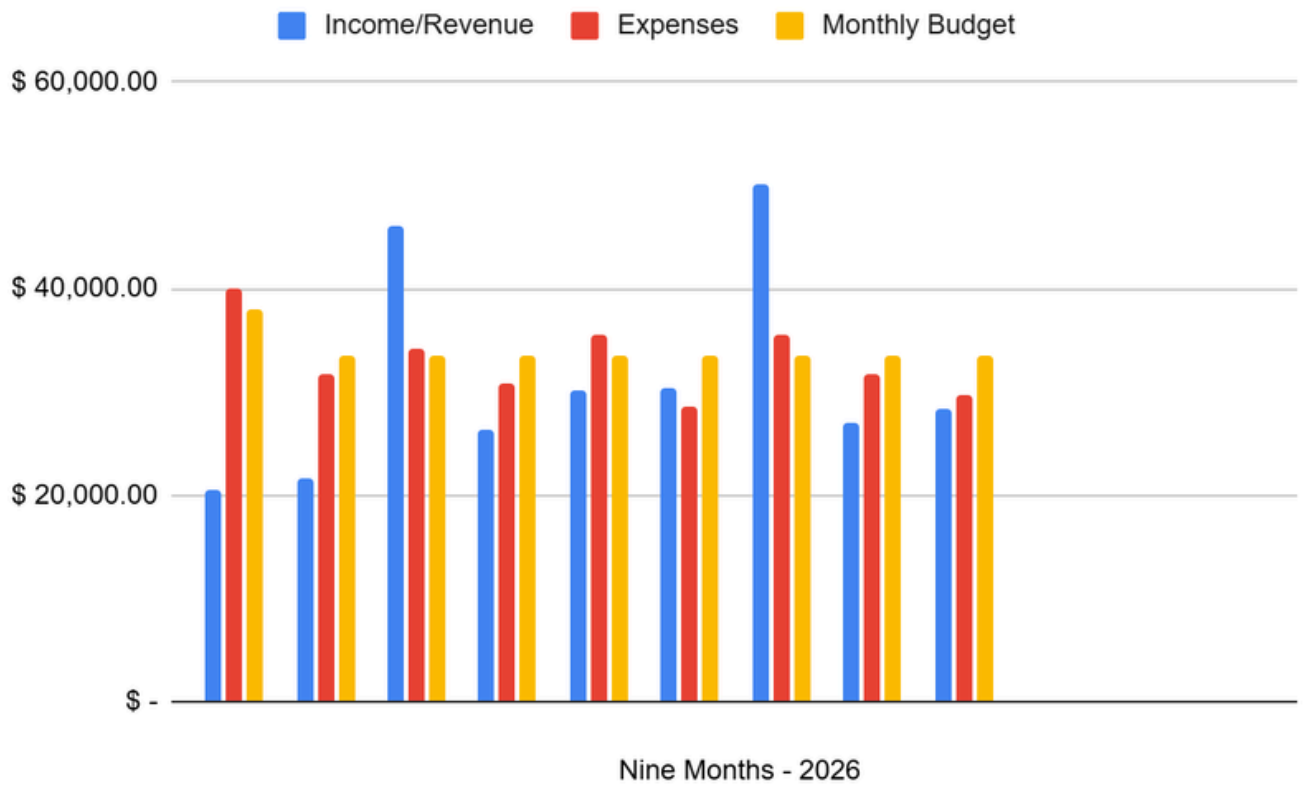
St Martin's Lutheran Church
Income Statement
For the Nine Months Ending September 30, 2026

	Current Month Actual	Current Month Budget	Year to Date Actual	Year to Date Budget
Revenues				
Operating Income	$ 27,257.93	$ 33,409.83	$ 267,647.29	$ 300,688.47
WPW Meals Inc	575.00	0.00	1,790.00	0.00
Johnson House & Short Haven	600.00	600.00	5,400.00	5,400.00
Interest	0.64	0.00	6,024.62	0.00
TOTAL OPERATING REVENUES	28,433.57	34,009.83	280,861.91	306,088.47
. SALARIES	16,532.84	16,641.16	148,970.56	149,770.44
. BENEFITS	8,106.33	8,177.58	73,884.58	78,098.18
. OFFICE EXPENSES	1,366.97	1,039.67	9,116.24	9,357.03
. OTHER ADMINISTRATIVE	0.00	44.00	450.00	396.00
. YOUTH NETWORK	65.00	800.00	10,534.68	7,200.00
. WORSHIP NETWORK	1,284.57	965.00	6,141.04	8,685.00
. EDUCATION NETWORK	329.94	489.00	957.67	4,401.00
. EVANGELISM & OUTREACH	60.26	938.00	6,219.78	8,442.00
. PROPERTY NETWORK	2,015.33	4,471.58	41,632.31	40,244.22
TOTAL OPERATING EXPENSES	29,761.24	33,565.99	297,906.86	306,593.87
NET OPERATING INCOME/(DEFICIT)	**($ 1,327.67)**	**$ 443.84**	**($ 17,044.95)**	**($ 505.40)**
NET BALANCE OPERATING	($ 1,327.67)	$ 443.84	($ 17,044.95)	($ 505.40)

Other Income	
FISH	$ 50.00
Friendship House	$ 20.00
Solid Rock	$ 30.00

Revenue /Expense Graph

Month	Income/Revenue	Expenses	Monthly Budget
Jan 2026	$ 20,468.94	$ 39,966.16	$ 37,979.95
Feb 2026	$21,693.43	$31,833.73	$33,565.99
Mar 2026	$46,114.52	$34,144.80	$33,565.99
Apr 2026	$26,409.80	$30,782.48	$33,565.99
May 2026	$30,102.70	$35,519.72	$33,565.99
Jun 2026	$30,349.58	$28,645.54	$33,565.99
Jul 2026	$50,166.52	$35,450.27	$33,565.99
Aug 2026	$27,122.85	$31,802.92	$33,565.99
Sept 2026	$28,433.57	$29,761.24	$33,565.99
Oct 2026	$0.00	$0.00	$0.00
Nov 2026	$0.00	$0.00	$0.00
Dec 2026	$0.00	$0.00	$0.00



Service, Fellowship, & Bible Study Groups

Mary- Martha Circle First Wednesday of the month @ 1pm
led by Kris Jemmot

Parkinson's Group First Tuesday of the month @ 1pm
led by Bonnie Lauber

Sewing Second & Fourth Tues. Am at 9am

Men's Breakfast Every Tuesday @ 7am
led by John Poulson at McDonalds

Women's Breakfast Every Thursday @ 7am
led by Gwen Grisier at the Home Restaurant

Zoom Bible Study Every Monday @ 7pm

All are welcome and invited to participate in these groups!

Yes! I want to help support St. Martin's Concert Series!

Name: _____
Address: _____
_____
Email: _____

____ Patron ($150 or more)
____ Sustainer ($75-150)
____ Friend ($25-75)

Include me on the Concert Series
____ email list

To sponsor an entire concert, contact Matthew Wachtman at matthew@the-welcome-place.org

St. MARTIN'S CONCERT SERIES

Please return this form and your check made out to St. Martin's Lutheran Church (Concert Series on the memo line) to:

St. Martin's Lutheran Church
203 S. Defiance St.
Archbold, OH 43502

November Birthdays

1—Bob Dominique
7—Kasyn Schaffner
Peg Winzeler
9—Kelsey Sevey
10—Lois Siewert
11—Bonnie Badenhop
12—Roger Geiger
Rob Robinson
16—Kacey Hoffman
17—John Trudel
18—Lexie Poulson
Janet Wyse
20—Jackie Schnitkey
21— Zeke Schmidt
23—Alexa Schneider
Violet Schneider
24—Marilyn Opdyke
Louis(Albert) Reyes
Weston Wyse
25—Hunter Maynard
26—Mia Wukotich
27—Tanya Howell
Robin Trudel
29—Nicole Campbell
Zeno Miller
30—Matthew
Badenhop

November Anniversaries

8—Curt & Leta Beck
21—Darren & Jane Sonnenberg

Prayer Concerns

Bonnie Badenhop
Colleen Kelly
Bonnie R. Lauber
Ann Ott
Bill Phelps
Peg Roth
Chuck Rupp
Al & Lois Siewert
Joan Smith
Janette Trudel
Joyce Winzeler
Joe Wyse

Homebound-Milla Kohv and Jerry & Alice Geiger
Those who serve in our military- Patrick Cirenza, Bradly & Victoria Nilsson, Kennedy Hartung, & Brendon Johns

November

St. Martin's Lutheran Church 203 S. Defiance Street Archbold, OH 43502 Phone: 419-445-4656

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 All Saints 9:00—Worship 10:15—Sunday School 10:30—High School Youth 6:30—Middle School Youth	**2** 7:00am—High School Bible Study 7:00—Zoom Bible Study	**3** 7:00—Men's Breakfast 10:00—Staff Meeting 1:00—Parkinson's Group 5:00—Community Meal	**4** 1:00—Women's Circle 3:15—After School Program 5:00—WPW Meal 6:00—WPW Worship 6:00—Chancel Choir 6:00—Kid Club 6:30—Adult Circle 7:15—Catechism 7:15—Bell Choir	**5** 7:00—Women's Breakfast 9:00—Bulletin Deadline	**6**	**7**
8 Thankoffering 9:00—Worship 10:15—Sunday School 10:30—High School Youth 6:30– Middle School Youth	**9** 7:00—Friendship Circle 7:00—Zoom Study	**10** 7:00—Men's Breakfast 9:00—Sewing 10:00—Staff Meeting 5:00—Community Meal	**11** 5:00—WPW Meal 6:00—WPW Worship 6:00—Chancel Choir 6:00—Kid Club 6:30—Adult Circle 7:15—Catechism 7:15—Bell Choir	**12** 7:00—Women's Breakfast 9:00—Bulletin Deadline 7:00—Church Council	**13**	**14** 9:00-Sharing the Warmth Event
15 Communion 9:00—Worship 10:15—Sunday School 10:30—High School Youth 6:30– Middle School Youth	**16** 7:00—Zoom Bible Study	**17** 7:00—Men's Breakfast 10:00—Staff Meeting 5:00—Community Meal	**18** 3:15—After School Program 5:00—WPW Meal 6:00—WPW Worship 6:00—Chancel Choir 6:00—Kid Club 6:30—Adult Circle 7:15—Catechism 7:15—Bell Choir	**19** 7:00—Women's Breakfast 9:00—Bulletin Deadline 9:00—Newsletter Deadline	**20**	**21**
22 Communion 9:00—Worship 10:15—Sunday School 10:30—High School Youth 3:30—Concert Series 6:30– Middle School Youth	**23** 7:00—Zoom Bible Study	**24** 7:00—Men's Breakfast 9:00—Sewing 10:00—Staff Meeting 5:00—Community Meal	**25** 8:00— Bulletin Deadline 5:15—WPW Meal 7:00—Thanksgiving Eve Service @ St Martin's	**26 Thanksgiving**	**27** Parade of Lights	**28**
29 Communion 9:00—Worship 10:15—Sunday School	**30** 7:00—Zoom Bible Study					

Sharing the Warmth in Fellowship Hall

St. Martin's Lutheran Church
203 S. Defiance Street
Archbold, OH 43502

SINCE 1866
ANCHORED in the CROSS
Our story is still unfolding
ST. MARTIN'S LUTHERAN CHURCH

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